

THE ORIGINAL ROOMING-IN



Photograph by Jeannette Yazzie

THE HOGAN IS THE TRADITIONAL HOME OF THE DINE' PEOPLE. IT ALL HAPPENED IN THE HOGAN.

Rooming-in, where mom and baby stay together in the hospital 24 hours a day, is best for you and your new baby. It helps with bonding and breastfeeding. There are many benefits to rooming-in and breastfeeding, and they are healthy choices for you and your baby. Talk to your health care provider if you have questions about rooming-in or breastfeeding.